

Additional Virus and Spam Protection

Quicksilver have organised access, on behalf of its customers, to bring you brand new software - **ViraLock** - that provides you with added protection against spam, and prevents the spread of email viruses.



While Quicksilver filters out most viruses and spam on your behalf, some new viruses and cleverly constructed spam can get through and we always recommend that you take additional precautions on your computer, including using ViraLock to give you additional protection against these pests.

Special Offer

Quicksilver have negotiated a price of \$29.95 (a 40% discount) for Quicksilver customers. To access this special price visit

www.quicksilver.co.nz/viralock/full.php

To sign up for your 30-day free trial of the software visit

www.quicksilver.co.nz/viralock/trial.php

Further information is available on <http://www.viralock.com>

Viralock software is for use with Outlook 2000/XP/2003 and Outlook Express on Windows 98/Me/2000/XP Operating systems.

New Quicksilver Website

Quicksilver have now launched their brand new look website, which gives you more of the information and member services you need at your fingertips, including NZ Herald headlines, updated 3 times daily.

To check out our new website, visit

www.quicksilver.co.nz

Send feedback to webmaster@quicksilver.co.nz

Speed up your Dialup!

Quicksilver's Slipstream speeds up web browsing and email on your Quicksilver dialup connection, by up to 3 times the speed for just \$10 extra per month.

No special modem is required, it is available in all areas of NZ, and takes 5 minutes to set up.

If you have a Quicksilver dialup account, apply for your FREE one month trial here:

www.quicksilver.net.nz/slipstream.php

Nasty Internet Surprises

Every month Quicksilver's helpdesk receives calls from customers who have had the unfortunate shock of receiving a large phone bill. A closer look shows either 0900 numbers labeled "internet", or calls to a small foreign country. Cook Islands is the most common destination at this point. These charges are not related to your Quicksilver account, and it is unfortunately not a mistake. The calls have actually been made by your computer!

How does this happen?

These calls are made by dialer software downloaded to your computer from an Adult website.

This software then installs on your computer, and is able to disconnect your modem from the Quicksilver connection, and dial in to its own internet servers through either an 0900, or international number. You can find extensive information here:

www.0900info.co.nz
www.1902info.com (Australian site)

How do I fix it?

Dialer software is often very hard to locate, and even harder to remove from your computer completely.

We recommend our customers use Spybot, a program which searches out dialers and other nasties lurking in your system, and helps you send them packing!

Prevention is better than cure!

Nobody wants to be hit with a large phone bill, especially for something like a dialer program. We have some suggestions to limit your chances of being affected.

- ▶ Unless you make calls overseas, phone Telecom and ask them to block all outgoing international and all 0900 phone calls.
- ▶ If you are worried your computer may be misbehaving, simply disconnect the modem cord after your internet session but make sure you know how and where to plug it back in again. Jetstream users should disconnect their old 56k modem cord altogether.
- ▶ Be a vigilant surfer! Never let a website install anything, regardless of what it says it needs it for, unless you completely trust the website. Most spyware also spreads this way.
- ▶ Install Spybot, and make a habit of keeping your computer healthy. You should run antivirus software, Windows update, and spybot once or twice every month, depending on computer usage.

Spybot software is available for free download: www.safer-networking.org

Please note that Spybot will not detect viruses, worms or trojans, and should never replace your antivirus software. Our helpdesk cannot provide technical support for Spybot.

AVG Antivirus software (free) is available at: www.grisoft.com

Windows Update is at: <http://windowsupdate.microsoft.com>

Although a firewall won't protect you from internet dialers, we do recommend Zone Alarm as further protection against hackers & trojan viruses. Zone Alarm is free from www.zonealarm.com

Save on Tolls and Internet

Sign up for tolls & internet with Quicksilver and you could save money on your internet account.

Neon:	\$19.95 per month
Jetstart ADSL:	\$31.95 per month
Jetstream ADSL:	\$10.00 per month

Prices include GST

Quicksilver's Direct Dial Tolls

- No joining fee
- No minimum monthly spend
- Great low rates all day, every day
- Choose 3 Favourite Countries for further discounts
- NZ Nationwide from 15c
- NZ land-to-mob from 42c

(prices shown exc. GST)

For more information, or to sign up

www.quicksilver.co.nz/tolls.htm

Now taking Tolls Applications by Phone!

We're pleased to announce that we are now able to accept tolls applications over the phone, which means it only takes a few minutes to start saving money on your tolls bill.

To sign up for tolls, call 0508 774 583, and make sure you have your Telecom phone bill handy.

CONTACT DETAILS

Postal: PO Box 99856, Newmarket, Auckland
Office: Level 3, Textile Centre, Kenwyn Street, Parnell, Auckland
Office Hours: 9am to 5pm weekdays
Phone: (09) 916 0300
Fax: (09) 916 0301
Email: sales@quicksilver.co.nz
Corporate Website: www.quicksilver.co.nz
Members' Website: www.quicksilver.net.nz
Webmail page: webmail.quicksilver.net.nz

Helpdesk: (8.30 AM to 10 PM, 7 days, Public Holidays 9 AM to 5 PM):
0508 QSILVER (0508 774583)

Dialup numbers (see www.quicksilver.net.nz/help_connect.html for a full list):
Auckland: 9160210, 9774100
Hamilton: 9575500
Christchurch: 9400100, 9615922
Palmerston North: 9520800
Wellington: 9168000
All other areas: 086745837



Samoa Multimedia Group

SMG comprises of a radio station (Radio Samoa), a newspaper (Samoan Times) and a design department. With over 20 staff in different locations, Lui Ponifasio (Director of SMG) needed an email system that would allow him to easily set up and monitor email addresses for all staff. A system that would allow him to make changes whenever he needed to, and have those changes take

effect immediately. Q-biz Mail server gave him this functionality and accessibility, from any computer with an internet connection.

Quicksilver were able to easily implement Q-biz, and it wasn't long before Lui was logging in regularly to add and manage his staff's email addresses.

The group is rapidly growing, and as the companies grow and expand, Lui can easily add extra domain names and email addresses to his account.

The low monthly cost of Q-biz makes it ideal for this organisation,

and because Q-biz mail server is housed within Quicksilver's secure network, Lui doesn't have to worry about the security of the server.

Samoa Multimedia Group Contact Details

Samoa Times
Phone: 2780807, Fax: 2780806

Radio Samoa
Phone: 2780807, Fax: 2780806

SETI AFOA
General Manager Samoa
Multimedia Group
setiafoa@radiosamoa.co.nz

Business Watch

Save on your tolls bill...

Quicksilver's Direct Dial Tolls

- No joining fee
- No minimum monthly spend
- Great low rates all day, every day
- Choose 3 Favourite Countries for further discounts
- Discounted internet access
- NZ Nationwide from 15c, NZ land-to-mob from 42c (exc. GST)
- Fast easy signup over the phone

To signup ring us on **0508 774 583**
(please have your Telecom phone bill handy)

More information:
www.quicksilver.co.nz

Sample of Savings

Call Destination	Type of call	Call Duration	Call Cost (Quicksilver Direct Dial) exc. GST	Call Cost (Other Toll Provider) exc. GST
Land-to-mobile	Peak	5:00	2.10 (fave. country rate)	2.18
NZ National	Peak	5:00	0.75 (fave. country rate)	0.84
India	Peak	5:00	2.70 (fave. country rate)	6.18
Pakistan	Peak	5:00	8.30	10.20
South Africa	Peak	5:00	3.60	3.78
China	Peak	5:00	1.10	2.89
Philippines	Peak	5:00	4.70	7.43

Over 33% savings! **23.25** **33.50**

Quicksilver Direct Dial customers can choose 3 Favourite Countries for preferential rates to those destinations

Surfing with Quicksilver

NEW YEARS RESOLUTIONS

The official guide to keeping your new years resolution
[/www.how-to-keep-your-new-years-resolution.com](http://www.how-to-keep-your-new-years-resolution.com)

How to keep up an exercise new years resolution
www.njc.org/news/healthtips/exercise_resolution.html

How to make new years resolutions that work
www.goalsguy.com/Events/n_resolutions.html

New Years Diet Resolution
<http://homecooking.about.com/library/weekly/aa010598.htm>

How to handle your resolutions
www.neholistic.com/articles/0106.htm

www.stretcher.com/stories/980112b.cfm

Make your New Year's resolution come true with your job
<http://homebasedwork.com/articles/iqit.shtml>

New Years resolution Poem
www.kingssite.com/inspirations/newyearsresolution.html

Budgeting Goals for the new year
<http://msucares.com/news/print/fcenesw/fce98/981214bh.htm>

Stick to your new years resolutions!
<http://more.abcnews.go.com/sections/scitech/dye36/>

Kick that smoking habit
<http://medcenter.uc.edu/news/cquitsmoking1.ucm>

Why make new years resolutions?
<http://unifriends.250free.com/Whymakenewyears.html>

Make Resolutions you can keep
www.motherwise.co.uk/seasonal/Xtras/NewYearRes.htm

How to Succeed in your new year resolutions
www.nutrition.com.sg/ho/honeyyear.asp

Goal Setting
www.mygoals.com

Personal Goal Setting & Career Tools
www.mindtools.com/page6.html

Motivation Tips for Happiness & Success
www.motivation123.com

Christmas Organisation (for next year!)
www.christmasorganizing.com

Get Organized Now
www.getorganizednow.com

Organize Tips
www.organizetips.com

Purple Cow (Business Book excerpts)
www.sethgodin.com/purple

Unleashing the Ideavirus (free PDF of the business book)
www.ideavirus.com